**Physical Education Block Plan**

**KH 7240; Fall 2019**

Unit Objectives: By the end of the unit, students will be able to properly demonstrate the basic skills needed to be a successful volleyball player.

Student will be # of classes: 16 Students/5 Classes

Duration of each class: Each class is 52 mins.

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| **Lesson** | **Learning outcomes** | **Concepts** | **Assessments** |
| 1 | **Psychomotor**  Students will be able to demonstrate proper form when bumping a volleyball. | Bumping skills. | Skills Pre-Assessment will be given on basic skills. |
| **Cognitive**  Students will be able to analyze and recognize when their form isn’t correct when making a bad pass. | Ability to correct techniques through self- observation. | Informal assessment. |
| **Affective**  Students will be able to work cooperatively with partners and staying on task during class session. | Ability to work with others safely and responsibly. | Informal assessment. |
| 2 | **Psychomotor**  Students will be able to demonstrate proper form when setting a volleyball. | Setting skills. | Informal assessment. |
| **Cognitive**  Students will be able to analyze and recognize when their form isn’t correct in which they wouldn’t be able to give a good pass for a set to be performed. | Ability to correct techniques through self- observation. | Informal assessment. |
| **Affective**  Students will be able to work cooperatively with partners and staying on task during class session. |  | Informal assessment. |
| 3 | **Psychomotor**  Students will be able to demonstrate proper form when spiking a volleyball. | Spiking skills. | Informal assessment. |
| **Cognitive**  Students will be able to analyze and recognize when their form isn’t correct in which they wouldn’t be able to give a good pass for a set to be performed and for a spike to be performed. | Ability to correct techniques through self- observation. | Informal assessment. |
| **Affective**  Students will be able to work cooperatively with partners and staying on task during class session. | Ability to work with others safely and responsibly. | Informal assessment. |
| 4 | **Psychomotor**  Students will be able to demonstrate proper form when serving a volleyball. | Serving skills. | Informal assessment. |
| **Cognitive**  Students will be able to analyze and recognize when and who they should serve to in order to score. | Ability to correct techniques through self- observation. | Informal assessment. |
| **Affective**  Students will be able to work cooperatively with partners and staying on task during class session. | Ability to work with others safely and responsibly. | Informal assessment. |
| 5 | **Psychomotor**  Students will be able to demonstrate basic volleyball skills in order to score. | -All fundamental skills  -Game skills  -Rules/violations/scoring | Written assessment. |
| **Cognitive**  Students will be able to analyze and recognize how they can score. | Ability to correct techniques through self- observation. | Written assessment. |
| **Affective**  Students will be able to work cooperatively with partners and staying on task during class session. | Ability to work with others safely and responsibly. | Informal assessment. |